

## Discussion Guide

### *Series: The Bible Recap, Wk1: Invitation to Vulnerability*

January 4, 2026



#### Big Idea

Vulnerability invites us to depend on God.



#### Icebreaker

Looking back on 2025, in one-word, what kind of year was it (e.g. hard, good, memorable, fulfilling, etc.) & why?



#### Discussion Questions

1. If you have been participating in this Sermon Series reading plan and/or the Bible Recap resources (videos, etc.), how has week one gone? What day of readings or pieces of the reading plan/resources have been most impactful & why?
2. Read Luke 4:1-13. Focusing on the state of vulnerability, discuss the various ways in which Jesus was vulnerable in this scene. In what ways can you relate to some of the ways in which Jesus is vulnerable here? Jesus' time in the wilderness, highlighting His being fully human & facing vulnerability, can be encouraging to us & our human journey. How does it act to encourage you?
3. Re-read Luke 4:3. In what ways does this portion of the scene depict the *temptation of self-sufficiency*? Where are you most tempted to rely on yourself instead of trusting in God's provision or timing? How does self-sufficiency protect you? How does self-sufficiency limit you?
4. Re-read Luke 4:4 & Read Deuteronomy 8:3b. This is the 1<sup>st</sup> of 3 examples in this scene where Jesus resists Satan's temptation by leaning on God's Word rather than on His own power or shortcuts. What lies or distortions are you most likely to hear when you feel vulnerable, and what Scripture might help ground you in truth during those moments?
5. Re-read Luke 4:5-7 & 9-11. Here we see the other 2 temptations of Jesus. The initial one shows the *temptation of upward mobility*. The second one puts a religious spin on it all, how so? Re-read Luke 4:8. Ultimately Jesus models to us & this communicates to us that (fill in the following blanks): Vulnerability invites us to w\_\_\_\_\_ God o\_\_\_\_\_!
6. God's Word is not just informational but invitational. Why may following Jesus into vulnerability feel like a weakness & where does that feeling come from? How is it instead, a strength? What does it look like, practically, to follow Jesus in vulnerability?



#### Concluding Question

This account of Jesus' very human life confirms to us how vulnerability invites us to depend on God's Spirit, Word, and People. What role did each play in this scene for Jesus? WARNING: the People portion may feel more difficult to identify. If so, think of how we even have this section of the Bible available to us & what that would have taken from Jesus for us to have it. What can we learn from all of this?



#### Prayer

The winter ministry season really kicks off this coming week. Please pray for those various things (healing & small group ministries)...both the leaders & the participants.