

Discussion Guide
“It’s Time To Grow Up”, wk5: Maturity
February 5, 2023

Big Idea



A transformation from our old self into our new self, which exemplifies the righteousness and holiness of God, requires a lifetime.



Icebreaker

What is something (doesn’t have to be directly related to our faith) that you want to learn more about?



Discussion Questions

1. Read Ephesians 4:17-24. Which do you think is more profitable, focusing our energy on those who have hardened hearts (1st half of this passage) or our own personal Christian faith journey (2nd half of this passage), and why? Are we to concern ourselves with both of these areas? If so, how do we do so, and is there a wise balance? (HINT: there is probably no perfectly right or completely wrong answer to this, but it should spark some rich discussion.)
2. Re-read Ephesians 4:20-24. What is the 3-step transformation process that we see God, through Paul, share in this passage? It was noted that two of these steps are in the past tense of the Greek, while one of them is in the present tense of the Greek. Do you recall which portion is in the present tense and what does this communicate to us about our transformation? Why does this create hope?
3. What can Holy Spirit assist and, in fact, lead us in when it comes to our mind? What are some examples of worn, not-of-God paths that one may struggle with and need renewal regarding? Was there an old mental path that was not healthy for you that, with God’s help, you conquered? Are there any that you would be willing to share, that you currently need His help with? What are some ways to cooperate with God in doing this?
4. Read Ephesians 4:25-29. What are some major categories revealed here that are indicative of whether one is growing in the holiness and righteousness of God, or not? (at least 4 are seen here). Share some that you and God have conquered. Share one with which you continue to struggle.
5. Read Ephesians 4:30. Where does Holy Spirit reside? What impact does this verse indicate we can have on Holy Spirit? How seriously have you ever considered that what you or I do (or don’t do) affects Holy Spirit?
6. Read Ephesians 4:31-32. How have you dealt with anger in the past (maybe as recent as before this Community Group Meeting or your study via this Guide)? Do you agree with the statement in the sermon that, “*When we bottle up anger it doesn’t go away, it grows.*” Why or why not do you agree with it? Willing to share a personal experience regarding how you have incorrectly dealt with anger in the past or how you have seen someone else incorrectly deal with anger in the past?



Concluding Question

What are some healthy ways to deal with anger and why is it important/effective to do so (beyond it’s what God says to do)?



Application

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Is there a way we can help each other apply what God is showing us?



Prayer

Pray for those who came forward or filled out prayer request cards this past Sun. across our Campuses.