


Sermon Discussion Guide
Series: Prep Time, Wk3: Feast
March 08, 2026

Big Idea

 There is an abundance of goodness & love pursuing you because Jesus is your Good Shepherd. Because of this, we can trust Him with the little we have, knowing He will provide more than enough for our rest, our needs, & our joy.

 **Icebreaker**

If you could host your dream feast, what 3 foods would have to be on the table? Who would you invite?

 **Discussion Questions**

1. Read **Mark 6:30-44**. When it came to resources for feeding the people, what kind of mindset did the disciples have? When it came to resources for feeding the people, what kind of mindset did Jesus have as first demonstrated with His question directed to the disciples of: *"How much do you have?"*?
2. The disciples' mindsets can be termed as one of *scarcity*, while Jesus' can be termed as one of *abundance*. Can you identify one *scarcity story* you've been telling yourself (about time, money, ability, energy, or influence, etc.)? How could you intentionally place that "little" into Jesus' hands through prayer and one concrete act of trust? What would that one concrete act of trust be? Ideas of what it could be would be things like generosity, serving, resting, etc..
3. Backing up in the story, re-read **Mark 6:31**. Now read **Psalms 23:1-2**. In the Mark reading, why is it significant that Jesus says, *"come with me"* rather than *"go away from me"* to rest? Considering this and the Psalm reading, what does this teach us about *where* true rest is found?
4. Re-read **Mark 6:32-34**. When Jesus saw the crowd what was He moved to? Why do you think He was? How does this make you feel about how He sees & cares for you? How about how He sees & cares for others? Who in your life right now might be a "sheep without a shepherd"...either spiritually hungry, overwhelmed, or hurting, etc.?
5. Read **Psalms 23:1-6**. The sermon beautifully inner-mingled Psalm 23 and Mark 6:30-44. Do you feel that was appropriate and/or meaningful, and if so, why?
6. As one considers the flow of the Mark 6 account, Jesus taught the crowd first and then fed them second. This indicates to us that He cares both about people's spiritual and physical needs. Overall, do Christians and does the Church (capital "C" Church...meaning organized Christian Religion) do a good job at caring about both along with having a healthy balance of both, how or how not? Look for one way to meet both a spiritual & a physical need of someone this week (i.e. praying with them & also helping them tangibly).

 **Concluding Question**

Biblical feasting is a theological act of remembering God's provision & celebrating His goodness. How is that different from simply enjoying a good meal? During Lent (or this week), how could you intentionally practice a "feast of gratitude"?

 **Prayer**

As was shared at services this week, Revive Wesleyan's Giving is behind budget by about 5% (\$144,000). This is as we near the close of our fiscal year. Please pray for God to work through His people to address this gap.