

Discussion Guide

Series: *Heart Check Moved, wk1 Moved to Pray*

April 28, 2024

Big Idea

As a Christian an appropriate initial step to being *moved* by something, is being *moved* to pray.

Icebreaker

This Sunday we saw a celebratory video sharing some of how God *moved* through our previous Heart Check commitments. What was something that most *moved* (encouraged) you from the video?

Discussion Questions

1. Share with one another about the times of Nehemiah and about Nehemiah himself. For example, what had happened to the Israelites in the generation before Nehemiah's? Where is Nehemiah residing when he is *moved*? What was Nehemiah's role? What was his level of status & comfort in that place and role?
2. Read Nehemiah 1:1-4. How did the news Nehemiah heard impact him? Focusing on verse 4 what was Nehemiah *moved* to do and why?
3. Read Nehemiah 1:5-9. What does Nehemiah do specifically in this prayer and on whose behalf does he do it? FILL IN THE BLANKS: C_____ is admitting to G___ and others when our thoughts, words, and actions do not match up with G___'s standard of h_____. What has your experience with the "C" word from above been like? FILL IN THE BLANK: R_____ is turning away from those sinful patterns of thoughts, words, and actions. Share something (if you are comfortable to) that you have had to or need to confess and repent of.
4. Read Nehemiah 2:1-5. In this scene, when faced with the time to have a difficult conversation what was Nehemiah *moved* to do? What about how he seems to have done this makes it manageable for us to be able to do in 'on-the-spot' situations we may find ourselves in? Is there, on the horizon, a difficult conversation or question you need to have/ask? Or do you often find yourself in these 'on-the-spot' situations? If so, what would it look like for you to apply the principles seen here in Nehemiah? Have you previously had unexpected success by following these principles? Share.
5. Finally, after all of this, Nehemiah is *moved* to go! Read Nehemiah 2:8. Who does Nehemiah rightly give the credit to? What set up Nehemiah to be in the position for God to *move* in such amazing ways? What would the application of this principle more into your life look like?

Concluding Question

Do you plan to participate in the Prayer Vigil (8 days, 24 hours a day) with which Revive Wesleyan is kicking off our Heart Check series with? When (which day & which hour)? Sign up at <https://www.revivewesleyan.com/heart-check>

Application

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Is there a way we can help each other apply what God is showing us?

Prayer

Pray that through the Heart Check series you & all will be open to being *moved* to pray, go, and/or give.