

## Sermon Discussion Guide

**Mother's Day  
Woman of Valor  
May 9, 2021**



### **Big Idea**

The source of the Proverbs 31 woman's valor and strength is her fear of the Lord.



### **Icebreaker**

Moms typically have a few sayings they like to repeat. What's one phrase your mom (or another motherly figure in your life) used a lot with you?



### **Discussion Questions**

1. During the sermon, we learned that Proverbs 31 is an ode to women rather than a job description for them. Why is this an important distinction? What happens when we make this passage an expectation?
2. Proverbs 31 is an acrostic poem (the first letter of each line is alphabetical in Hebrew) which shows us that this description spans a woman's lifetime rather than her daily achievements. Why do we feel pressure to accomplish everything in one day? What are some realistic goals for balancing our time?
3. Read **Proverbs 31:17**. Wisdom is regarded as strength. How is wisdom different from intelligence? What examples do you have of people drawing strength from wisdom?
4. Read **Ruth 3:11**. Ruth was a childless widow, yet she was a "woman of valor." Why do we place so much emphasis on marital/parental status? What are steps we need to take to value women regardless of their position in society?
5. Read **Proverbs 31:30**. This verse speaks against the worldly standards of beauty. What are the dangers of emphasizing physical appearance? Do you struggle with insecurities about your appearance?



### **Concluding Questions**

(Re-)Read **Proverbs 31:30**. A woman of valor is defined by the way she thinks of and responds to God. Fearing the Lord influences her everyday life to become the woman as described in this passage. How have you seen your view of God influence your daily attitude and actions? How might you need to re-orient your priorities?



### **Application**

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Beyond prayer for each other, is there a way we can help each other apply what God is showing us?



### **Prayer**

Possible prayer topics for this week:

- Important women in our lives
- Realistic work goals and healthy boundaries
- Godly wisdom
- Identity apart from position and appearance