

Discussion Guide

Series: Heart Check Moved, wk3 Moved Past the Obstacles

May 12, 2024

Big Idea



When we are to be *moved* to take Godly action, expect obstacles from without & within and address them to keep *moving* forward!



Icebreaker

It is Mother's Day! Share some memories of your mom, or a mom figure in your life, who faced obstacles and moved past them. Give thanks!



Discussion Questions

1. Can you share an example of when you *moved* to do something and faced ridicule? What did that feel and look like? Was it dealt with (resolved) and if so, how?
2. Read Nehemiah 4:4-9. Sanballat, Tobiah, & others were not just angry but very angry to see Nehemiah & his team working to rebuild. Why do you think they were so angry; what was at the core of their anger? Why may someone from the outside be angered at your or my *movement* to improve ourselves or a situation at hand or at our attempts to do something out of the ordinary?
3. Continuing to reflect upon & revisiting Nehemiah 4:4-9 fill in the following blanks of how Nehemiah dealt with the emotions of anger he felt from the outside. Nehemiah: P_____. Then he & the people k____ at i__ by b_____ t_____. How may you apply these three in the face of the obstacles you may be facing, or will face, as you *move* to improve yourself, or a situation at hand? Specifically, if you embark upon participating with the Holy Spirit by praying, going, and/or giving toward Heart Check, how may you apply these three?
4. Read Nehemiah 4:19-20. There is a real and tangible stress when facing such obstacles. Share an example of your own personal stress as the result of obstacles. Such stress can either tear us apart or bring us together. How can you/we pursue such things bringing us together?
5. Read Nehemiah 5:1-5. Summarize the internal issues Nehemiah & the people were facing. What types of internal obstacles may you face as you engage with Heart Check through praying, going, and/or giving to it? Specifically, how may your own thoughts & insecurities be an obstacle to your taking action with Heart Check?
6. Read Nehemiah 5:6-7a (ending at "... in my mind... "). Here we see Nehemiah (fill in the blanks) th_____ b_____ he s_____. Is applying this difficult for you and if so, why? What are the benefits of taking the time to do this? How can you ensure you start doing this more and more if so needed?
7. Read Nehemiah 5:6-12. Once Nehemiah thinks & clears his mind per the above (q6) he now (fill in the blanks) s_____ the obv_____ & sp_____ t_____ in l_____. What is the result of his wise navigation of this situation (vs12)?



Concluding Question

This Sunday there was a video from our Heart Check partner Jericho Road (Congo). Were you *moved* by those serving in the Congo & their continued commitment to ministry there when they could be doing anything else? How? How does our giving to Heart Check make a difference?



Application

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Is there a way we can help each other apply what God is showing us?



Prayer

Pray in advance of our ALL CAMPUSES TOGETHER worship service & commitment Sunday, 5/19.