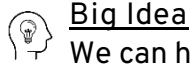


Discussion Guide  
*Peace: wk2 Peace with Ourselves*  
June 11, 2023



Big Idea

We can have peace with ourselves.



Icebreaker

With summer upon us, would you rather...be a lifeguard or a camp counselor? Were you ever either?



Discussion Questions

1. On a scale of 1 – 10, with one being *brutally*, where do you land when it comes to beating yourself up on a fairly regular basis? Why do you think that is? Is it a product of your upbringing? Is it a product of other cultural or relational influences? Share. Read Romans 8:1. How should this verse be a conduit to help us, as Christians, to move lower on that scale? Fill in the *blank*: *We can have peace with ourselves because there is no c\_\_\_\_\_ for those who are in Christ!*
2. Read Romans 8:2-4. What was & is the law powerless to do? What did Jesus do *to* sin? What did Jesus set us free from and how did he do so? What does this have to do with us being able to be at peace with ourselves? *We can have peace because we are set f\_\_\_\_ from the l\_\_\_\_\_*. Does knowing this personally assist you in being at peace with yourself? Explain. If not, why not? Read Matthew 5:17. What, in your own words, do you think Jesus meant by these words (like, what is the purpose today, of the Law and the Prophets in our Bible (particularly the Old Testament)? Use scripture, if you can, to support your answer.
3. Read Romans 8:5-8. What are the 2 choices we have when it comes to where our minds are set, and do you agree that we have the choice regarding that? What are the results of our choice, per this passage? Can you share a time, or an example of, when your mind was, in fact, set on the flesh & it brought “death”? Do you think this passage is a little harsh stating, “*Those who are the realm of the flesh cannot please God.*”, why or why not? *We can have peace because we can ch\_\_\_\_\_ our m\_\_\_\_\_*.
4. Read Galatians 5:1-26. As we consider the peace we can have through our freedom from the law for salvation & right standing with God *and* as we consider flesh vs spirit, what observations do you make from these verses? Is there something you need to do because of this set of passages?
5. Read Romans 8:9-11. Where is the Spirit? What does He do regarding our mindset choosing? How can we cooperate (or Participate) with the Holy Spirit in this? What things personally take you away from Participating with the Holy Spirit? What could you do to correct that, this week, allowing Him to have the influence He is *able* & quite frankly *to* have? *We can have peace because the H\_\_\_\_\_ S\_\_\_\_\_ intervenes on our behalf.*



Concluding Question

The sermon communicated that we are very little good to the Kingdom of God if we walk around guilt-ridden and full of shame. We need to own our weaknesses and mess ups and forgive ourselves despite them. We need to walk around as a forgiven people, not as a condemned people. What difference would it make in your life (& the lives of people around you) if you heeded this communication?



Application

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Is there a way we can help each other apply what God is showing us?



Prayer Pray for students, teachers, staff of schools, and families as the school year wraps up!

