

**Sermon Discussion Guide**  
**100 Day Challenge: The Backstory**  
**Week 6 – “The Long Road to the Promised Land”**  
**February 7, 2021**



 **Big Idea**

God has transformed His people from enslaved to saved through daily dependence, rest, and His promises.

 **Icebreaker**

What is one of your pet peeves that you can easily find yourself complaining about?

 **Discussion Questions**

1. Read **Exodus 16:2-3**. The Israelites missed being slaves in Egypt because there was a level of certainty that came with it. Can you relate to that feeling? In what ways has God reoriented you that were uncomfortable at the time?
2. From the sermon, we learned that being saved is a holistic experience, not just spiritual. The Israelites were repeatedly saved from their enemies like Pharaoh. In what ways has God saved you beyond your spiritual needs?
3. It's easy to fall back on sinful patterns when in a difficult wilderness season. What are some examples of idols people in general turn to? If you're willing to share, which do you personally struggle with?
4. Read **Exodus 16:4-5**. God only gave the Israelites enough food for one day at a time so they would have a daily dependence on Him. What do you need a daily provision of? How can you depend on God daily too?
5. Read **Deuteronomy 5:15**. Resting on the Sabbath was a resistance against a never-ending call for more work that the Israelites had experienced in enslavement. In what areas might you be enslaved to your time? Why is intentional rest important? How do/should you fit that into your schedule?

 **Concluding Question**

Read **Deuteronomy 30:19-20**. These were Moses' parting words to the Israelites. What can you do this week to choose life and hold fast to God's promises?

 **Application**

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Beyond prayer for each other, is there a way we can help each other apply what God is showing us?

 **Prayer**

Possible prayer topics for this week:

- Dependence on daily bread
- Finding times of rest
- Staying patient while God reorients us
- Thankfulness for being saved
- Breaking down idols
- Holding on to God's promises