

Sermon Discussion Guide
100 Day Challenge: The Backstory
Week 13 - Nehemiah
March 28, 2021



 **Big Idea**

We should do work that gives us purpose but also be able to find purpose outside of work.

 **Icebreaker**

Have you ever worked on a big project? What was it?

 **Discussion Questions**

1. How does it feel when you think about work? Do you enjoy what you do, or do you dread it?
2. Read **Nehemiah 2:17-18**. The Israelites went back to Jerusalem and decided to rebuild it. What have you had to rebuild in your life? How do you know whether it's time to rebuild or time to move on?
3. *God's plan is for your work to make you say, "I was made for this!"* Does the work you do give your life meaning? How can you find purpose in your current job (or unemployment, hobbies, school, etc.)?
4. Read **Nehemiah 13:19-22**. While work may be important, so is rest. Do you find yourself falling into the trap of being a workaholic? Why is our culture driven to constantly work?
5. *God invites us into rest to remember, "I was made for more than this!"* What do you do to find rest? Where do you find your purpose outside of your responsibilities?

 **Concluding Questions**

This week we conclude the 100-Day Challenge. What are some things you learned from reading the Old Testament? How did reading Jesus' backstory help you better understand who he is and what he did for us?

 **Application**

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Beyond prayer for each other, is there a way we can help each other apply what God is showing us?

 **Prayer**

Possible prayer topics for this week:

- Finding purpose in work
- Finding purpose outside of work
- Scheduling days of rest
- Hope as we all rebuild
- Gratefulness for the Old Testament and what we've learned from it