



Sermon Discussion Guide

Heart Check: Press On

Week 2: Love

John 13:1-30 | October 11, 2020

Big Idea

We press on with Heart Check even in dark times because we love people.

Opening Questions

Who is someone in your life that makes you feel loved? What do they say or do that makes you feel that way?

Key Scripture Questions

1. Read **John 13:1**. Jesus chose to still love even when he was facing death. How do dark periods in life affect our ability to love? How can we keep our love constant like Jesus did?
2. The first point of the sermon was that **Love Serves**. Share a time someone served you or you served someone else. What was the result?
3. Read **John 13:4-5**. Jesus pushed past potential discomfort to wash the feet of his disciples. How can discomfort keep us from acting in love?
4. We also learned that **Love Accepts**. Where do you feel accepted? What does it feel like when you don't have acceptance?
5. Read **John 13:20**. When we accept others, we accept Jesus. What obstacles keep us from accepting people?
6. The third point we covered was that **Love Forgives**. Why is forgiveness an important component of love? How do you feel after you forgive someone?
7. Read **John 13:34-35**. Jesus gave the command to love even when he knew he would be betrayed. How can we love people who hurt us? How do we maintain healthy boundaries while forgiving?

Concluding Questions

Which of these three aspects of love (*Serves, Accepts, Forgives*) stands out as easier or more difficult for you? What steps do you need to take in order to love others well?

Application Questions

1. What do you think the Holy Spirit may be saying to you through this sermon and our discussion?
2. What is something God wants you to do now?
3. Beyond prayer for each other, is there a way we can help each other apply what God is showing us?

Prayer Time

"Dear Heavenly Father, thank You for lovingly serving, accepting, and forgiving us. Please help us to follow the model set by Your Son of loving others well so the world may see You through us."