

**A Case of the Mondays**  
**“Focus”**  
**September 22 & 23, 2018**  
**Nehemiah 1 - 2**

**Big Idea**

As you serve with intentional focus every day, doors will open.

**Scripture**

Philippians 3:13-14  
Colossians 3:23-24

**Discussion Questions**

1 – Do you feel you currently have focus at your job, school, or home? Why or why not? What areas need more intentional focus?

2 – Read Colossians 3:23-24. According to these verses, what should the condition of your heart be while working? How does this mindset keep your eyes upward toward Christ?

3 – What makes you mad, sad, or glad? Does this passion get fulfilled in your current work? How? If not, what can you do to incorporate this passion into your work?

4 – Read Philippians 3:13-14. What do we learn about focus from these verses? How can you look to what lies ahead in your work?

5 – What distractions do you face while doing your work? What is one thing you can do to keep your focus when those distractions happen?

**Next Steps**

Do one thing this week to create more focus in your work: look up (to God), look around, or look ahead.

**Prayer Focus**

Ask God where you need to have intentional focus in your life and in your workplace. Ask Him what you need to change to become more focused in that area of your life.